

# Heart To Sole Danceworks 2019/2020

## Daytime Schedule

Tuesday		Wednesday	
TIME	Studio A	TIME	Studio A
9:30-10:15	Preschool Song and Dance		x
10:15-11:00	Creative Movement (Ages 2-3)		x
11:00-11:45	Preschool Ballet/Jazz	1:15-2:00	Preschool Hip Hop
	x	2:00-2:45	Creative Movement (Ages 2-3)
	x	2:45-3:30	Preschool Ballet/Jazz
Thursday		Saturday	
TIME	Studio A	TIME	Studio A
10:00-10:45	Preschool Ballet/Jazz	9:30-10:15	Creative Movement (Ages 2-3)
10:45-11:30	Preschool Acro/Jazz	10:15-11:00	Preschool Ballet/Jazz
11:30-12:15	Preschool Song and Dance	11:00-11:45	Preschool Acro/Jazz
PRESCHOOL Ballet/Jazz Ages 3-5	A combination class where dancers will learn the foundations of dance through both the basics of ballet and jazz. Ballet positions of the feet and arms, skipping, travelling and steps will be the focus!		
PRESCHOOL Hip Hop Ages 3-5	Fun creative stylized movement to upbeat music. Lessons include travelling steps, isolations, floor work and combinations!		
PRESCHOOL Acro/Jazz Ages 3-5	A combination class of beginner jazz steps (travel, jumping, turning) and basic beginner acro prep for cartwheels, forward rolls, balancing and more!		
CREATIVE MOVEMENT Ages 2-3	Movement using games, actions and props to start understanding the very basics of dance including change of weight, movement vs stillness, levels and more!		
SONG AND DANCE Ages 3-5	A combination class of singing and actions to popular kids music along with some basic dance and dance related learning games!		
Sessions	Dates	Cost	Weeks
Fall/Winter	Sept 17-Dec 14	\$150	12 weeks
Winter/Spring	Jan 21 - June 13	\$200	16 weeks
Winter/Spring session will preform in the recital - costume charge will apply!			