

# Heart To Sole Danceworks 2019/20 Evening Schedule

MONDAY						TUESDAY					
TIME	Studio A	TIME	Studio B	TIME	Studio C	TIME	Studio A	TIME	Studio B	TIME	Studio C
4:15-5:00	x	4:15-5:00	Jr Hip Hop	4:15-5:00	Preschool Hip Hop/Jazz (2 SESSIONS)	4:30-5:15	Ballet 1/2	4:30-5:15	Sr/Inter Tap	4:30-5:15	Preschool Session
5:00-6:00	Ballet 5	5:00-6:00	Inter Acro	5:00-6:00	SALSA (9+)	5:15-6:15	Ballet Tech (Ballet 6, Inter, Senior)	5:15-6:00	Pre Inter Tap	5:15-6:15	Mini Cheer and Pom (Ages 5-7)
6:00-7:00	Ballet 6	6:00-7:00	Acro 3	6:00-7:00	Sr Hip Hop	6:15-7:15	BALLET 3/4	6:15-7:15	Jazz Tech 2	6:15-7:15	STUNTING
7:00-8:00	INTER Ballet/pointe	7:00-8:00	open for acro class	7:00-8:00	Pre Inter Lyrical/contemp	7:15-8:15	Sr Lyrical/Contemp	7:15-8:15	Jazz Tech 1	7:15-8:15	Junior Cheer and Pom (Ages 8 and up)
8:00-9:00	Sr ballet/pointe	8:00-9:00	Acro 4	8:00-9:00	ADULT	8:15-9:00	Ballet Barre	8:15-9:15	Inter Lyrical/contemp	8:15-9:15	RENTAL
WEDNESDAY						THURSDAY					
TIME	Studio A	TIME	Studio B	TIME	Studio C	TIME	Studio A	TIME	Studio B	TIME	Studio C
4:30-5:15	Primary Ballet	4:15-5:15	Pre Inter A Jazz	4:15-5:15	Musical Theatre B	4:15-5:15	Ballet 3/4	4:30-5:30	Acro 1/2	4:15-5:00	Preschool Ballet/Jazz (2 SESSIONS)
5:15-6:00	MELT (12+)	5:15-6:00	Jr Contemp/Lyrical	5:15-6:00	Drama	5:15-6:15	MELT (12+)	5:30-6:15	Stretch and Yoga	5:00-6:00	Pre inter Hip Hop
6:00-7:00	Ballet 5	6:00-7:00	Pre Inter B Jazz	6:00-7:00	Musical Theatre A	6:15-7:15	Inter Ballet	6:15-7:30	Acro Competitive Line	6:00-7:00	Jr Tap/Jazz
7:00-8:00	Ballet 6	7:00-8:00	Sr Jazz	7:00-8:00	Bollywood	7:15-8:15	MELT (Adult)	7:30-8:30	Acro Tricks and Tumble	7:00-8:00	Teen Jazz Lyrical
8:00-9:00	Sr Ballet	8:00-9:00	Inter Jazz	8:00-9:00	Adult	8:15-9:00	Solos and Duets	8:15-9:00	Solos and Duets	8:00-9:00	RENTAL

PRESCHOOL		3-5 YEARS		*Pre Inter A/B Jazz goes to Jazz Tech 1
PRIMARY		5-7 YEARS		*Inter and Sr Jazz Goes to Jazz Tech 2
JUNIOR		6-9 YEARS		***Ballet Tech is required for Competition Dancers in Ballet 6 and up
PREINTER		9-13 YEARS		***Pre Inter B Jazz or higher will be required for Musical Theatre Competition Dancers
INTER		12-15 YEARS		***MELT or Stretch is required for Competition Dancers
SENIOR		14-16 YEARS		
TEEN		12-17 YEARS		